3 Problem ID Questions	+	5 PASRR Steps
NO problems		**Prevent problems** from starting or worsening • Foundation-Building Toolset (parenting styles) • Self-Esteem Toolset • Cooperation Toolset • Independence Toolset

When Problems Arise
Look at the smaller problem "parts" and identify the problem type for each part.

QUESTION #1: Is this a **C**hild problem (**C**) or a **P**arent problem (**P**)? (Narrow it down.)

Child problems - involve "PESS" **P**eers, **E**motions, **S**iblings, **S**chool	**SAY**	**Acknowledge the child's feelings** (If *only* a Child problem, stop at this step: Child Problem Toolbox.)
Parent problems - involve "SHARP RV" **S**afety, **H**ealth, **A**ppropriateness, **R**ights, **P**roperty, **R**ules, **V**alues		**Set limits or express concerns**. (If no misbehavior, stop at this step: Keep Your Cool, Clear Communication Toolsets.)

When There is Misbehavior

QUESTION #2: Is the misbehavior in this **P**arent problem **U**nintentional (**PU**)or "**O**n purpose" (**PO**)? **Yes or No:** Has *this* child *consistently shown* that he or she has *mastered* the skills to behave properly in this situation? (Narrow it down.)

PU problem = **No.** Child has *not* mastered skills due to: immaturity, personality, accident, medical condition or lack of information	**DO**	**Redirect the misbehavior** (PU *or* PO Toolset) **PU** = Teach skills or offer acceptable alternative
PO problem = **Yes.** Child *has* mastered skills and misbehavior is deliberate. **QUESTION #3:** If the behavior is "On purpose" (PO), what is the purpose? Attention, Power, Revenge, Giving up		**PO** = Avoid payoff/escalating and show child how to meet purpose through positive behavior
For *either* PU or PO...	**FOLLOW THROUGH**	**Reveal discipline** Must meet the "4 R's"

Combination types: Identify the problem type for each part. ***Address the Child problem first.***
     C/P   =   Part **C**hild problem *and* part **P**arent problem involving no misbehavior.
     C/PU   =   Part **C**hild problem *and* part **P**arent problem involving **U**nintentional misbehavior.
     C/PO   =   Part **C**hild problem *and* part **P**arent problem involving "**O**n purpose" misbehavior.

Maintain Progress
•   Family Council Toolset — when problems/decisions affect the whole family.
•   Three C's: Consistency, Criticism, Confidence